

## Coaching Neurodiverse Learners

### Course Overview & Expectations

#### OVERVIEW

*Effective Coaching Skills for Neurodiverse Learners* was developed to train coaches to learn how to effectively coach and support neurodiverse learners of all ages utilizing ICF core coaching as the framework for the coaching process. Using the [research-based](#) JST Coaching Model for success, coaches will explore the shift from life coaching to neurodiversity coaching to co-create lasting change for their clients of all ages. The course will unwrap the nuances of coaching adolescents, college students and adults living with ASD, ADHD, executive function challenges, and co-existing conditions.

By the end of this course, participants will understand,

- Facets of Neurodiversity
- The Impact of Neurodiversity on the Coaching Process
- How to Practice Cultural Humility and Embody a Coaching Mindset
- Neurodiversity as an Inclusion Strategy
- Strength-Based Coaching Approach
- Coaching Skills and Strategies to Support Neurodiverse Learners

As a participant in this course, participants are members of a learning community where sharing of knowledge is encouraged and expected. This is a safe space to share and learn.

The self-study program is designed to augment the in-class experience and provide invaluable insight and information for use throughout the course and in the future. Due dates are noted in the materials.

Participants will receive 24 CCEUs for attending and participating in live classes plus 16 CCEUs for completing the self-study assignments. We do not advocate missing classes as the learning is cumulative as well as collaborative and participation is a critical component of coach training.

We are committed to keeping participant information confidential and appreciate the cooperation of all participants.

#### CLASS RECORDINGS

All classes are recorded (video and audio) and a private link to the recordings will be shared with the class. **These recordings are the property of JST Coaching & Training** – do not share these recordings with anyone outside of the class.